



HECTOR

**Heartlands' Elderly Care Trauma &
Ongoing Recovery**





- The HECTOR Course is designed to enhance the key concepts and principles of traditional trauma courses (e.g. ATLS, ETC), by providing the means to deliver holistic patient-centred care to elderly patients with injuries.
- HECTOR recognises that standard courses tend to focus on a “one-size fits all” approach which is not suitable for patients with significant co-morbidities and polypharmacy for example, as these individuals will respond differently to trauma from an anatomical and physiological perspective.
- The HECTOR Course is underpinned by the following key principles:
 - Trauma Care MUST be patient-centred
 - Trauma Care should be about treating a patient with injuries and not purely focussed on managing injuries on a patient
 - Clinicians responsible for the ongoing management of trauma patients should have an understanding of basic acute medical practice in addition to trauma practice.
 - All healthcare professionals in the multidisciplinary team should have an understanding of delirium and be aware of the means for prevention and detection
- The HECTOR Course is currently running from Birmingham Heartlands Hospital within the Heart of England NHS Foundation Trust and all courses for 2015 are fully booked. Courses for 2016 will be advertised in the near future via twitter / trauma network boards and the internet.
- The current course is designed for clinicians who have completed ATLS or ETC and are of Registrar / SAS grade or equivalent. Further courses are available on demand for multidisciplinary groups – Nursing Staff, Junior Doctors
- Further information can be gained by emailing david.raven@heartofengland.nhs.uk or by tweeting / direct messaging @HECTORcares



Affiliations –

Heart of England NHS Foundation Trust
University of Birmingham
University of Warwick
National Institute for Health Research (NIHR)
Collaboration for Leadership in Applied Health Research & Care (CLAHRC2-WM)

HECTOR Research Project Core Group –

Dr David Raven	Heart of England NHS FT
Prof Fang Gao	Heart of England NHS FT
Dr Sarah Pountain	Heart of England NHS FT
Dr Gill Combes	University of Birmingham
Dr Sarah Flanagan	University of Birmingham
Dr Brian Litchfield-Cant	University of Warwick
Mrs Teresa Melody	Heart of England NHS FT

HECTOR Course Author & Contributors –

Dr David Raven
Dr Niall Fergusson
Dr Sally Jones

The HECTOR Research Project is supported by the National Institute for Health Research. The views expressed are those of the author(s) and not necessarily those of the NHS, the NIHR or the Department of Health.

Registered with UK Copyright Service
Reg No. 284686535